Dear Parents

COMMUNITY WEEK

This week our Year 9’s are working for three days in the Donald Community as part of the Term 3 “Time-Out” Program. Many thanks to Mrs McConville for her diligence in organising the activities. Students started the week with a special boys and girls day at the Uniting Church Hall. They were involved in a range of activities organised by Mr Cashin, Mr Potter, Ms Perkal and Miss Pickering and several outside presenters. On Friday the students are going to Melbourne for VRAP activities. All indications are that students are enjoying the week.

PARENT OPINION SURVEYS

This week, forty families have been randomly selected to complete the surveys. I ask that parents who have been allocated surveys complete them and return them to school by tomorrow. The surveys provide valuable feedback to the school.

MOCK INTERVIEWS

As part of our Careers Education Program, our Year 10’s have been involved in mock interviews with local community and business people. Thank you to Mrs Gillahan for organising the interviews and a special thank you to the interviewers who gave up their valuable time to help our students. The interviewers were Kate Clark, Bev Darcy, Joan Hardingham, Stacey Hibberd, Marc Cox, Lizzie Wilde, John Russell, Ray Walker, Robyn-lee Williams and Leanne Onley.

CBCA BOOK OF THE YEAR AWARDS

Well done to all the students and staff who took part in the Book of the Year activities. The luncheon was a great success and thank you to Mrs Russell for organising this function.

Geoff Rigby

PRINCIPAL

CALENDAR

| August/September          |                                                                  |
|---------------------------|                                                                  |
| Mon. 30th – Frid. 3rd     | Yr. 9 Community Week                                            |
| Thu. 9th                  | Music Festival                                                   |
| Wed. 8th – Wed 15th       | New Caledonia Trip                                              |
| Mon. 13th – Fri. 17th     | Yr.10 Work Experience                                            |
| Fri. 17th                 | Term End 2.30pm                                                  |
Term 3 Reports

Term 3 “Tick the Box” Reports will be finalised in 2 weeks’ time. These are the same format as students received at the end of Term 1. Although brief, these will indicate how students have performed in four general areas for each subject: Effort, Behaviour, Standard Achieved and Homework.

Year 7 students need to realise that most assessments relating to these reports will be completed in the next 2 weeks, and that all set tasks need to be completed as well as possible.

SEPEP

In Physical Education, Year 7s have just completed a SEPEP unit of Table Tennis. This activity encourages student involvement, and all students have clearly defined roles in the organisation of the unit. Some of these roles require extra effort at home in the preparation of ladders and newsletter reports. Ask your child about their SEPEP role.

Music Festival

There are a number of Year 7s in the School Band, which will be performing at the Music Festival at the Donald Memorial Hall on Thursday, 9th September, starting at 7.30 p.m. It would be great to see as many family members as possible there to support these students - all of whom are volunteers.

Important Dates for Term 3

<table>
<thead>
<tr>
<th>September</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Thu. 9th</td>
<td>Music Festival</td>
</tr>
<tr>
<td>Fri. 10th</td>
<td>Interschool Golf</td>
</tr>
<tr>
<td>Fri. 17th</td>
<td>Halls Gap Wildlife Park Excursion End of Term 3 2.30pm finish</td>
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<table>
<thead>
<tr>
<th>October</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Mon. 4th</td>
<td>Start of Term 4</td>
</tr>
<tr>
<td>Thu. 7th</td>
<td>Year 7 injections 2pm</td>
</tr>
</tbody>
</table>

Homework due:
- Please cut this out and stick it on your fridge. Make sure these tasks are placed in your diary.
- Tests are marked with an * asterisk
- Please note that this schedule only reflects tasks that teachers have set in advance. Other homework may be set from day to day.

<table>
<thead>
<tr>
<th>Day/Date</th>
<th>Subject</th>
<th>Task</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri 3/9</td>
<td>Maths 7A/7B</td>
<td>*Probability test, (2 revision periods in class)</td>
</tr>
<tr>
<td>Tue 7/9</td>
<td>Science 7A/7B</td>
<td>Spelling Words</td>
</tr>
<tr>
<td>Thu 2/9</td>
<td>Geog 7A</td>
<td>*Endangered Species Test</td>
</tr>
<tr>
<td>Fri 3/9</td>
<td>Geog 7B</td>
<td>*Endangered Species Test</td>
</tr>
<tr>
<td>Fri 3/9</td>
<td>History 7A/7B</td>
<td>Map of Ancient Greece due</td>
</tr>
<tr>
<td>Wed 15/9</td>
<td>French 7A/7B</td>
<td>&quot;Une bande déssinée&quot; cartoon strip due</td>
</tr>
</tbody>
</table>

| Maths: 7A/7B Maths Mates 7 & 8 on Fridays |
| English: 7A English Skills Tuesdays 7B English Skills Mondays |
| French: 7A/7B Spelling words every Wed. |

Kindest regards, JENNY LEISHMAN,
YEAR 7 CO-ORDINATOR
Home Phone: 5497-1206
YEARS 10 VCE/VCAL JUMPERS

Eight Year 10 students are in the process of selecting the design of their VCE/VCAL jumpers for next year. Definite orders have to be placed by the end of this term. If your Year 10 child is ordering a jumper, a $60.00 deposit is required by the end of next week. Letters have been sent home regarding this.

Raeanne O'Shea

YEARS 10 MOCK INTERVIEWS

On Monday 31st August, Year 10 students undertook mock interviews as part of their Life Skills studies. Students have been learning how to write resumes and letters of applications for a 'mock job' they have selected. Students then attended WorkCo where they completed an 'interview' conducted by volunteers from the community. This has been a wonderful experience for all students and an excellent way for them to experience first hand what is involved in the job seeking process. A huge thank you must go to our interviewers - Kate Clark, Bev Darcy, Joan Hardingham, Stacey Hibberd, Marc Cox, Lizzie Wilde, John Russell, Ray Walker, Robynlee Bayles and Leanne Onley for giving their time and expertise to interview the students.

Mrs Sue Gillahan

LEAVING THE SCHOOL GROUNDS

Students and parents are reminded that students are not to leave the school grounds without having a permission note and signing out at the office.

Students cannot just sign themselves out, they must have an accompanying note from their parents. The school must know where students are at all times and if they wish to leave the grounds for any reason, they must have permission to do so.

Recently students have been trying to sign out without parent permission notes and staff have had to waste time chasing this up. We require parent support and assistance in this matter.

MISSING DVD'S

Several English DVDs are missing and I would like parents and students to check to see if they may be lurking somewhere at home. They are "Snowcake", "Holes" and "Omagh". It is important that we retrieve them as they are needed for Year 10, 11 and 12 English classes. Thanks for your assistance.

Karyn Goode
English Co-ordinator.

REMINDER TO PARENTS

It is vital that during classes we have minimal disruption so that maximum learning can occur.

We would ask that parents don't ring the school expecting to speak to students during class times. Messages can be given to the office staff that will then be passed on at the next break. Only during emergency situations will students be drawn out of classes. Thanks for your assistance in this matter.
FIT2DRIVE WORKSHOP

On Friday, Friday September 17 all Donald High Year 11 students will be attending a Fit to Drive (F2D) workshop aimed at reducing the road toll and trauma on young drivers, and helping them to both survive and enjoy the independence of driving.

In essence this workshop is about putting students in charge to find out what they can do to tackle the problem of the number of young people involved in road trauma in our community.

Younger drivers and passengers are over represented in the crash statistics for all areas in Victoria.

Through the auspices of the Central Murray Road Safety Council Committee, this program is being introduced to Year 11 providers throughout the municipalities of Buloke, Gannawarra and Swan Hill at no cost to the schools and colleges involved.

Fit2Drive works in conjunction with partners including TAC, Vicroads, Victoria Police, SES, CFA, MFB, RMIT University, Department of Education and Early Childhood Development, Central Murray Road Safety Council, Operation, Roadsafe Frankston and Mornington Peninsula, the Confederation of Australian Motor Sports (CAMS), The Teenage Road Accident Group (TRAG) and now the RACV Free2Go program.

The Workshop will run for half a day and involve:

• Peer education workshops involving small groups of students, working with trained facilitators to consider the consequences of dangerous risk taking and peer group pressure. The program focuses on personal safety, responsibility and strategies to make them safer drivers and passenger
  • Presentations by the Victoria Police Road Safety Awareness and Information Unit.
  • A case study presented by emergency Services involving road trauma and young people

Look After Our Mates program

On Friday, September 17 all year 12 students will be involved in a Look After Our Mates program during lunchtime. Students are encouraged to bring their lunch to the program.

The program takes the students through some of the consequences of ‘getting it wrong’ regarding the use of alcohol and other drugs when combined with driving. Strategies for still enjoying a healthy social life without the traumatic consequences of being involved in road trauma are discussed in a fun and interactive way.

This program is also funded by RoadSafe Central Murray.

Malcolm Pollitt
Fit2Drive & LAOM’s Coordinator
RoadSafe Central Murray

CBCA BOOK OF THE YEAR

Thank you to all who donated food for our luncheon during book week. During the last two terms 36 Donald High School students and 12 teachers and parents have been
reading the 6 novels short listed on the Children's Book Council of Australia Book of the Year awards Older and Younger reader divisions, rating them out of 10 to vote for which book they find most popular. The readings were concluded during Book Week with a luncheon and discussion of favorite books and characters.

In the Older Reader section Jarvis 24 by David Metzenthen was voted as their favorite novel which was also the book awarded as winner by the CBCA judges. In the Younger Readers section Matty Forever by Elizabeth Fensham was their favourite. Darius Bell and the Glitter Pool by Odo Hirsch was award the CBCA winner.

Jarvis 24 is the story of Marc E. Jarvis fifteen who lives in Camberwell and doesn't stress too much. The things he likes are playing footy and hanging out with his mate Trav until he spots another athlete, Electra, who hits Marc's calm suburban life like a bolt of lightning. She has come to Melbourne to train at a wealthy private school and Marc has seriously noticed her. This is a a funny, likeable gettable book with believable characters leading realistic lives.

Matty Forever tells the story of Bill and Matty, neighbours and best friends. Together they share their deepest, darkest secrets and lean on each other when things aren’t right at home. But when new girl Isabella decides she wants Bill all to herself, Bill and Matty discover what true friendship means. An enchanting story of friendship, acceptance and trust from one of Australia’s favourite storytellers.

In Darius Bell and the Glitter Pool the Bell family’s ancestors were showered with honours, gifts and grants of land. In exchange, they have bestowed a Gift, once every 25 years, on the town. Now it's Darius’s father’s turn - and there is no money for an impressive gift. It looks as though a wheelbarrow full of vegetables is the best they can do. Fun to read, thought-provoking and wise.

**NEWSLETTER BY EMAIL**

<table>
<thead>
<tr>
<th>Date</th>
<th>Newsletter #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thurs 16th September</td>
<td>Newsletter # 15</td>
</tr>
<tr>
<td>Thurs 14th October</td>
<td>Newsletter # 16</td>
</tr>
<tr>
<td>Thurs 28th October</td>
<td>Newsletter # 17</td>
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<tr>
<td>Thurs 11th November</td>
<td>Newsletter # 18</td>
</tr>
<tr>
<td>Thurs 25th November</td>
<td>Newsletter # 19</td>
</tr>
<tr>
<td>Thurs 9th December</td>
<td>Newsletter #20</td>
</tr>
</tbody>
</table>

The above timetable shows when Newsletters will be available for distribution for the remainder of the school year.

We would like to inform parents that the Newsletter is available via email and through the Donald High School Website. If you would like your copy of the Newsletter to be sent to you by email, please send your request to donald.hs@edumail.vic.edu.au and Office staff will add your email address to the list.
Please note that the emailed version of the newsletter will not contain photos, as the document becomes too large to send.

**TENNIS ANYONE??**

Donald Lawn Tennis Club needs names for their Senior competition for the coming season. Names to Hardinghams Electrical by October 1st please.

**DONALD HOCKEY CLUB**

Vote Count & Presentation Evening

Tuesday 14th September 2010
@ Blue Room 6.00pm

3 Course Meal

Minkey, JuniorA, Underage, Womens & Mens

RSVP: Friday 10th September 2010
Melissa: mse05489@bigpond.net.au or 5497 1850 or Kathy: desmond.hose@bigpond.com or 5497 2141

**VICTORIAN STATE SCHOOLS SPECTACULAR**

Hisense Arena, Melbourne Park
3 SHOWS ONLY!
18 September – 19 September
Bookings: Ticketek 132 849
www.ticketek.com.au
A musical extravaganza for all ages!

**2010-2011 DONALD JUNIOR TENNIS**

If you are intending to play Junior Tennis this season please leave your name at Hardingham’s or on the School Notice Board by Thursday, 16th September.

Any queries phone 5497 1508

**DONALD JUNIOR FOOTBALL CLUB**

Could all U13’s please return their jumpers/helmets to either the clubrooms or Donald Newsagency ASAP.

Also there is a box of lost property. If you are missing anything, please collect before Grand Final day.
WORKCO Apprenticeship and Traineeship Vacancies

<table>
<thead>
<tr>
<th>Job Title</th>
<th>Town</th>
<th>Contact</th>
<th>Closing Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Certificate III Business Administration Traineeship</td>
<td>Horsham</td>
<td>Joe Richardson</td>
<td>06.09.2010</td>
</tr>
<tr>
<td>Apprentice Greenkeeper</td>
<td>Horsham</td>
<td>Jodi Potter</td>
<td>10.09.2010</td>
</tr>
</tbody>
</table>

Any interested students can obtain further information regarding these vacancies from the Office.

ALL DAY ZOO EXPLORERS -

A hands-on School Holiday Program at Werribee Open Range Zoo!

Keeper for a Day!

Are you interested in working with animals?

If you are keen to find out what it takes to work in a zoo, caring for the amazing array of different animals, then come out to Werribee Open Range Zoo this school holidays!

Come and discover what a keeper’s day really involves! Keeper for a Day allows participants to work in the zoo for the day, helping out our zookeepers and learning about one of the most rewarding jobs at a zoo!

Thursday 23rd, Tuesday 28th and Thursday 30th September

Time: 9.30am to 3.30pm   Cost: $99.00   Age 13 - 18 year olds

Booking and pre-payment essential

Phone: 03 9285 9406   Internet: www.zoo.org.au/Learning

Werribee Open Range Zoo
Minimising Exposure to Asthma Triggers

Although we don't know what causes asthma, we do know that under certain circumstances the airways react and asthma symptoms develop. We refer to the stimuli that can lead to asthma as “triggers”. Reducing your exposure to things that trigger your asthma is a large part of taking control of your asthma. Here are some asthma triggers you should be aware of:

**Changes to weather/air temperature:**

Temperature change – either hot to cold or cold to hot can be an asthma trigger. Typically, the drop in temperature at night can trigger asthma. If you're affected by cold air try to avoid breathing through your mouth and exercise indoors.

**Dust/Dust Mites:** House dust mites are microscopic creatures that are too small to be seen, and small enough to be inhaled. Millions of mites can be found throughout the home, but they especially thrive in any warm, humid places, particularly beds, fabric-covered furniture, cushions and carpet, and children's soft toys. When it comes to dust mite control, remember this simple rule: if you cannot remove it, then encase it, wash it or wipe it.

**Pollens:** Airborne pollens are a very common trigger for asthma symptoms. Many trees, grasses and weeds, have small, light, dry pollens that rely on the wind to disperse. Pollens can blow for many miles. You can monitor the daily pollen count from September to December on the Asthma Foundation of Victoria’s website [www.asthma.org.au](http://www.asthma.org.au).

**Gardens:** Gardens can harbor many triggers that may cause trouble for hay fever and asthma. Things to be aware of in the garden that can cause trouble for allergies and asthma include: pollens, mould spores, animal dander, venom of sting insects, weather. The 'Low Allergen Garden' brochure offers practical tips to avoid contact with common garden allergen and triggers. To obtain a copy of this brochure contact the Asthma Foundation of Victoria.

If you would like more information please call **The Asthma Foundation of Victoria** on **1800 645 130** or visit [www.asthma.org.au](http://www.asthma.org.au).