Dear Parents,
I trust all students have had a relaxing break and are now settling back into hard work.

NELSON WALK
Our year 9 students had an excellent walk around the coastal area of Nelson and all students were very positive about the experience. Thanks to Mrs Warr, Mrs Gillahan, Miss Swan, Mr Cashin, Mr Whitfield and Mark Connell for accompanying the students.

INTER SCHOOL SPORT
Well done to all students who represented the school so well at Charlton on Tuesday. All students tried their best with some excellent individual performances recorded.

SCHOOL PHOTOS
These were taken on Monday with a large number of family photos occurring. Thanks to Mrs Gillahan for her very efficient organisation.

ROOM 10 UPGRADE
We intend to turn this room into a carpeted multi-purpose room with moveable tables and chairs, a big screen with in-built projector, speakers, and two split system air conditioners. It can also be used for school assemblies.

GEORGE WIGBY, PRINCIPAL

LUNCH PASS
IF YOUR CHILDREN GO HOME FOR LUNCH, PLEASE SEND A NOTE.

Parent Teacher Interviews
Parents are reminded that Parent Teacher interviews will be conducted next Monday between 3.00pm and 7.00pm. Parent interview times will be sent home with your child either today or tomorrow.

I would ask that all parents please be on time for your interviews and please stick to the 7 minute time slots. As in past years a bell will signal the start and end of each session. Maps of the school and the location of teachers will be on a table inside the front door of the school.

Early dismissal
Students will finish school after period 6 (2.42 pm) on Monday due to the Parent Teacher interviews. Town students will be dismissed whilst bus travellers will be supervised at school until they catch their buses at their regular times.

Unless given specific permission via a note from parents, country students must remain at school until 3.25pm.
Parent/Teacher Interviews.
Term 1 Reports were sent home on the last day of Term, and included in each envelope was a Parent/Teacher Interview Form. Hopefully parents saw these, and if seeking interviews, returned the forms. Students have been given allocated appointment times. Parents are reminded to be prompt, as interviews only last 7 minutes each, and it is vital that the timetable be kept to, so that we get through the large volume of interviews. Interviews are a good way to touch base with individual teachers, and to discuss reports and student progress.

Hats
Hats are not compulsory this term, but we recommend students have them for outdoor activities.

Work due over the next fortnight
• Please cut this out and stick it on your fridge
• Tests are marked with an * asterisk
• Please note that this schedule only reflects tasks that teachers have set in advance. Other homework may be set from day to day.

<table>
<thead>
<tr>
<th>Day/Date</th>
<th>Subject</th>
<th>Task</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri. 16/4</td>
<td>Maths</td>
<td>Maths Mate 1 &amp; 2 due</td>
</tr>
<tr>
<td>Tue. 20/4</td>
<td>7A English</td>
<td>English Rules sheet 9 due</td>
</tr>
<tr>
<td>Wed. 21/4</td>
<td>Science French</td>
<td>Safety Poster due</td>
</tr>
<tr>
<td>Fri. 23/4</td>
<td>7A &amp; 7B Geog.</td>
<td>Mapping &amp; Geospatial skills test</td>
</tr>
</tbody>
</table>

**Maths:** MathsMates due each Friday.
**English:** English Rules exercises:
7A: due every Tuesday / 7B: due every Monday
*Spelling tests: 7A: due Tuesdays
7B: due Mondays

YEAR 7 STUDENTS
If you received an awards shield from the Donald Primary School last year could you please return it as soon as possible?

DANNY FORREST

DONALD GUIDES & BROWNIES
CORRECTION TO NOTE SENT HOME ON MONDAY.
• Guides & Brownies will BE CHANGED TO TUESDAYS at 3.30pm - 5.00 pm
• Please bring along a teacup AND SAUCER next week for a project - pretty if possible with a scrap of matching material (approx 30cm x 30cm)

BUS TRAVELLERS - BUS TREE LETTERS
So that we are able to implement the Bus Tree communication in case of an emergency, could all bus travellers please return the permission letter for 2010 which has been sent home.

Children’s Book Council Book of the Year Awards
Each year a group of enthusiastic readers dip into the six books short listed by the Children's Book council of Australia then make a comment on each book and vote for their favourite. This year we will be using the books from the Older and Younger readers lists, you will be required to get through each item within a week, this is so all books can be circulated to all participants before Book Week in August.
Anyone - Years 7-12, teachers or parents - wishing to partake in reading the six short listed books please see Mrs Russell.

Kindest regards, JENNY LEISHMAN,
YEAR 7 CO-ORDINATOR.
Home Phone: 5497-1206
Year 9, 10 and 11 Science Opportunities

National Science Youth Forum (NSYF)
The NSYF offers students currently in Year 11 a unique opportunity to test drive careers in Science, Engineering and related disciplines.

For twelve days in January (2011), you will go to Canberra or Perth and live on campus as a university student. You will get to meet a range of Scientists and researchers, visit them at work and do the kind of things they do every day.

You will get to debate the hottest topics in science and engineering and pick up valuable skills to give you that edge through Year 12 and beyond.

But it’s not all work – there’s also time for fun and to get to know the other students. There’s a trivia quiz, barbeques, a disco and a wide range of sports. There’s even a bushdance.

The NSYF works closely with Rotary Clubs around Australia to select participants to attend. Selection is not based solely on academic results.

Please see Miss O’Brien if you are interested by Friday 23rd May. More information can be found at www.nysf.edu.au.

The Science Experience
Three days of hands on Science Fun
A three-day hands-on practical science program, will be conducted in 36 Australian universities and tertiary institutions throughout 2010-2011. The programs are non-selective and open to all students in Years 9 and 10. Each program includes a wide variety of practical activities, excursions, career information together with interesting presentations by leading Australian scientists and engineers.

This is a Rotary Youth Services Project, supported by the Australian Science Teachers Association and The Young Scientists of Australia. The total cost of the three-day program is $110. Local Rotary clubs are often willing to sponsor students to attend.

Sample of some Sessions:
😊 Rocket Science
😊 Surfboard making
😊 Space Science
😊 Marine Biology
😊 Sports Science
😊 Test Drive a Flight Simulator
😊 Medical Science

Further information and application forms are available from Miss O’Brien, local Rotary club, The Science Experience office (03) 8288 1001 or www.scienceexperience.com.au. Early application is advised.

Please see Miss O’Brien if you are interested by Monday 10th May.

PARENTS CLUB
Meeting on Monday 19th April at 2pm in the meeting room. All Welcome.
**NEW BOOKS IN YOUR LIBRARY THIS WEEK**

*Prism* by Aliza Kellerman  
Three teenagers accidentally fall into a parallel universe when a school field trip goes horribly wrong. In this world, everything is exactly as it was back home... except that medicine does not exist! When people get sick, they are allowed to die without any help. Now they must band together to survive and make it back to reality.

*King Arthur: Dragon’s child* by M K Hume  
This is the legend of Artorex, the man destined to be King Arthur. Artorex, is growing up in the household of Lord Ector where he was sent by the Bishop of Glastonbury when he was a babe in arms. His parentage is unknown and life has been unremarkable. That is, until the arrival of three men who arrange for him to be trained in the skills of the warrior; blade and shield, horse and fire; pain and bravery.

*The true story of Butterfish* by Nick Earls  
Curtis Holland is a burnt-out rock star in his mid-thirties. He’s back in Brisbane, hoping to rest up while producing albums in his backyard studio. He hadn’t counted on his neighbours, however, and is particularly torn by 16-year-old Annaliese Winter.

*The Lux* by Anna Godbersen  
New York 1899 High fashion, beauty, romance, a little mystery and a dose of scandal. This series has it all.

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**NORTHERN ZONE SWIMMING**

The winners from interschool swimming were eligible to compete at the Northern Zone Swimming Championship, held at the Swan Hill Swimming Pool on March 17.

Two individual swimmers, Declan O’Shea and Levi Borden as well as members of the boys 14 and boys 16 year relay teams represented Donald High School.

Declan represented the school in five events and swam personal best times in all of these. His best result was third in the boys 16 year old 50m breaststroke with a time of 37.64 seconds. He was placed fifth in both the boys 16-20 years 200m Individual Medley and the boys16 years 50m backstroke, while he was placed sixth in the butterfly event and seventh in the freestyle.

Levi Borden was entered in the boys 15 years 50m backstroke but while he was marshalling for this event an overzealous official had him in the pool swimming the 100 metre backstroke. He swam the first 50m strongly then realised he had to do another. Five events later he then swam his 50m event finishing seventh.

The boys 14 years relay team made up of Brody Haddow, Luke Sheather, Jordan May and John Gillahan made up ground in the final leg to finish fourth, while the boys 16 year team of Jackson Hogan, Jake Sheridan, Nathan Dunstan and Declan O’Shea were very competitive to finish fourth also.

These students were excellent ambassadors for the school and thank you to those parents and grandparent that transported the boys to and from Swan Hill.
Do they really give you wings?

Red Bull, Mother, V – they are all names of popular so-called 'energy drinks'. But are they really good for you?

Recently a warning encouraging schools to ban such drinks was issued by the Australian Medical Association (AMA) after several children were being sent home from school suffering side-effects from consuming energy drinks. These increasingly popular drinks contain significant amounts of caffeine, which can make you jittery and cause insomnia, as well as loads of sugar, which nobody needs. Red Bull may claim to "give you wings", but it, and other energy drinks can also give school-aged children diarrhoea, hyperactivity, dizziness, nausea and an increased heart rate.

The drinks are energy-dense, nutrient-poor, full of sugar and full of caffeine. As you all probably know, caffeine is highly addictive. Some of the energy drinks have up to 12-14 shots of caffeine per can, and it is common for children and adults to become addicted to these products.

So if children get hooked on these, they are hooked for a long time throughout their life. There are much better options to increasing people's energy – like having breakfast! And if you have to 'grab' a quick drink, make it a juice or milk drink.

Take Care
Arnna
Secondary School Nurse
For more information check out the news story at:
RACV ENERGY BREAKTHROUGH RAFFLE

The RACV Energy Breakthrough team is holding a raffle that will be drawn on Wednesday 21 April 2010. The prize is a $250 Rebel Sport voucher and tickets are $1 each.

This is a major fundraiser for the team and we hope to use the money to modify and improve the trike that we will use to compete in the challenge in November.

All families were asked to sell a small book of tickets at the end of last term. Could you please make sure the raffle booklets get returned to school as soon as possible.

RACV Energy Breakthrough Coordinator
Jane Battersby

'Little Stars'

Major Drama Production @ Donald High School for 2010

Rehearsals are well under way for our major drama production. Details about our progress and when tickets are available will be coming soon. So watch this space.

'Little Stars' rehearsal times for the next few weeks are listed below. ALL CAST members must attend these rehearsals. If you are unable to make a rehearsal please tell Mrs Battersby beforehand.

Tuesday (after school)
20th April (Room 10)
27th April (Room 10)
4th May (Memorial Hall)
11th May (Memorial Hall)
18th May (Memorial Hall)
25th May (Memorial Hall)

Thursdays (Lunchtime – Eliminated contestants ONLY)
Please note there will be a full rehearsal on the following Sunday afternoons at the Memorial Hall: 16th May and 23rd May between 2:00pm and 5:00pm

Wednesday 26th May 2010 - Dress Rehearsal (am)
(Memorial Hall) Matinee Performance (pm)

Friday 28th May Performance 7.30pm (Memorial Hall)

Saturday 29th May Performance 7.30pm (Memorial Hall)
MATHS & SCIENCE COMPETITIONS 2010

For over 20 years ICAS has taken place each year in schools throughout Australia, New Zealand, Singapore, Malaysia, Brunei, the Pacific region and South Africa.

ICAS provides an opportunity for all Years 3 - 12 students to gain a measure of their own achievement in an external testing situation. It provides teachers, parents and students with comprehensive reporting of results in the areas of Computer Skills, English, Mathematics, Science, Spelling and Writing.

All students receive a certificate and an individual student report indicating which questions they answered correctly and their score compared with the rest of the students tested. The tests are an excellent preparation for National tests and the student report is useful for highlighting your child's strengths and weaknesses. The UNSW certificate and individual student report are suitable for your child to include in a portfolio.

High quality UNSW certificates are awarded for each year level as follows:
- High Distinction to the top 1% of entrants
- Distinction to the next 10% of entrants
- Credit to the next 25% of entrants
- Participation to all other participating students.

Entries for these competitions close soon. If you would like your child to participate in the Maths or Science competition please complete the following form, tick the appropriate boxes and return it to the school along with payment.

*Please note: A number of students have already entered and paid for these competitions on their booklists.

Name: ____________________________ Year Level: _________

Please print

☐ Science - ($6.00 GST inclusive)

☐ Mathematics - ($6.00 GST inclusive)

Mrs Battersby
Maths and Science Competition Co-ordinator