



Year	Term 1	Term 2	Term 3	Term 4
7	<p>Mental health and transition What is help and why is it important</p> <ul style="list-style-type: none"> Emotional intelligence Body language Empathy Body image Looking after yourself 	<p>Relationships</p> <p>Respectful relationships</p> <p>Puberty and reproduction</p> <p>Social media and online awareness</p> <ul style="list-style-type: none"> Sexting Online bullying law 		
8	<p>Mental health</p> <ul style="list-style-type: none"> Anxiety Depression Body image and consequences Resilience-stories of people overcoming adversity 	<p>Risk taking behaviours</p> <ul style="list-style-type: none"> Peer pressure Drugs - smoking and alcohol Boys talk program - stereotypes and their impact Sexualisation of women in media, sport, music etc 		
9	<p>Introduction</p> <p>Definition of health communication skills Boundaries Relationships</p>	<p>Mental health</p> <p>Self esteem Peer pressure Decision making Self care</p>	<p>Party safe</p> <ul style="list-style-type: none"> Law Risk taking behaviours Supporting mates Sexual relationships Alcohol and party drugs Consequences Peer Pressure 	<p>Respectful relationships See program</p> <p>Diversity and inclusion</p> <p>Individual beliefs and differences Respect for all Cultural LGBTI</p>

Date: 9^h Oct 2020

Communication relationships and boundaries: (Orange Folder)

Mental health: Head strong resources, then bite back resource (all digital challenges every week) maybe dove if time male dove video (new). Reach out resources. Black dog (Blue folder)

Drug ed (Party Safe):- Decision making tasks, what is a drug, stats of drugs, get ready resource priorities of young people 5 groups, then concerns lots of clips of the risk taking behaviour,

Sex ed: Letter home, safe landing or catching on early resources: Burn board, forgive forget, Gender, friendships/relationships/limits (green, orange, red light if you are okay about that), Trams stop (LGBTI), Ways to say no, Law (AM I OLD ENOUGH/consent), ANDREW DOWNES book Pornography (maree crab 'in the picture' media vs real), Genevieve foot STI (sex workers in the industry), safe sex, conception great sperm race to finish.