



# Sequence of Topics Taught



## SUBJECT: Physical Education (Practical Classes)

	Year 7	Year 8	Year 9	Year 10
Term 1	Swimming  Minor games and ball handling  Juggling  Fitness testing	Swimming  Fitness testing  Volleyball	Swimming: water sports and triathlons  Fitness testing  Fitness circuits for bushwalk camp  Minor games	Bronze Medallion  Archery  Fitness testing
Term 2	Floor Gymnastics  Soccer  Football Netball	Soccer SEPEP unit  Korfball	AFL 9's and Netball 5's  Speedminton- Doubles  Soft Crosse - Singles  Hockey	Ultimate SEPEP  Golf  Orienteering
Term 3	Athletics-field events  Basketball  Softball	Athletics field events  European handball  Soft Crosse.	Speedball/Gaelic football SEPEP unit  Touch	Peer teaching  Badminton  Gridiron/Touch
Term 4	Table tennis SEPEP unit	Dance  Tennis	Individual conditioning  Volleyball	Lawn Bowls  Croquet

	Fitness Testing	Initiative activities	Baseball	Lab activities
	Cricket	Fitness testing	Fitness testing	Fitness testing