

SUBJECT: HEALTH



Sequence of Topics Taught 2025



Year	Term 1	Term 2	Term 3	Term 4
7	Transition & personal identity <ul style="list-style-type: none"> Personal identity Values Emotional intelligence Body language Empathy 	PSE Changes during puberty Puberty and reproduction Respectful relationships- consent Social media and online awareness <ul style="list-style-type: none"> Sexting Online bullying law 		
8	Mental health <ul style="list-style-type: none"> Anxiety Depression Body image Resilience 	Risk taking behaviours <ul style="list-style-type: none"> Peer pressure Drugs - smoking and alcohol Boys talk program - stereotypes and their impact 		
9	Mental health Self esteem Peer pressure Decision making Self care	Party safe <ul style="list-style-type: none"> Law Risk taking behaviours Supporting mates Sexual relationships Alcohol and party drugs consequences 	Diversity and inclusion Individual beliefs and differences Respect for all <ul style="list-style-type: none"> Cultural LGBTD 	Respectful relationships Emotion Literacy Personal and Cultural Strengths Positive coping Problem solving Stress Management Help Seeking https://arc.educationapps.vic.gov.au/learning/sites/respectful-relationships