



Sequence of Topics Taught



SUBJECT: Physical Education (Practical Classes)

	Year 7	Year 8	Year 9	Year 10
Term 1	Swimming Minor games and ball handling Juggling Fitness testing	Swimming Fitness testing Volleyball	Swimming: water sports and triathlons Fitness testing Fitness circuits for bushwalk camp Spikeball Minor games	Bronze Medallion Archery Fitness testing
Term 2	Floor Gymnastics Soccer Football Netball	Soccer SEPEP unit	AFL 9's and Netball 5's Speedminton- Doubles Soft Crosse - Singles Hockey	Ultimate SEPEP Golf Orienteering
Term 3	Athletics-field events Basketball Softball	Athletics field events European handball Soft Crosse.	Speedball/Gaelic football SEPEP unit Touch	Peer teaching Badminton Gridiron/Touch
Term 4	Table tennis SEPEP unit Fitness Testing	Dance /Korfball Tennis (pickle ball and mini tennis)	Individual conditioning Volleyball Baseball	Lawn Bowls Croquet Lab activities

	Cricket	Korfball Initiative activities Fitness testing	Pickle ball, mini tennis Fitness testing	Fitness testing
--	---------	--	---	-----------------